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| Strengths Attributes |
| THINK |
| 1. Abstract |
| 1. Analytic |
| 1. Astute |
| 1. Big Picture |
| 1. Curious |
| 1. Focussed |
| 1. Insightful |
| 1. Logical |
| 1. Investigative |
| 1. Rational |
| 1. Reflective |
| 1. Sensible |
| 1. Strategic |
| 1. Thoughtful |
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| FEEL |
| 1. Collaborative |
| 1. Compassionate |
| 1. Creative |
| 1. Encouraging |
| 1. Expressive\* |
| 1. Empathic |
| 1. Expressive |
| 1. Intuitive |
| 1. Inspiring\* |
| 1. Objective |
| 1. Passionate |
| 1. Positive |
| 1. Receptive |
| 1. Supportive |
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| PLAN |
| 1. Detail-Oriented |
| 1. Diligent |
| 1. Immersed |
| 1. Industrious |
| 1. Methodical |
| 1. Organized |
| 1. Precise |
| 1. Punctual |
| 1. Reliable |
| 1. Responsible |
| 1. Straightforward |
| 1. Tidy |
| 1. Systematic |
| 1. Thorough |
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| ACT |
| 1. Adventuresome |
| 1. Competitive |
| 1. Dynamic |
| 1. Effortless |
| 1. Energetic |
| 1. Engaged |
| 1. Funny |
| 1. Persuasive |
| 1. Open-Minded |
| 1. Optimistic |
| 1. Practical |
| 1. Resilient |
| 1. Spontaneous |
| 1. Vigorous |

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| WORD | DEFINITIONS | Random Internet Search |
| IMAGINING | Form a mental image or concept of. Especially of something not seen before. | **"What are your greatest strengths?" — best example answers:**   * Ability to learn from mistakes. * Creative thinking. * Task prioritization. * Discipline and determination. * Analytical thinking. * Communication skills. * Dedication and enthusiasm. * Interpersonal skills and respectfulness.   **My own biggest personal strengths are:**   * Strategic Thinking. * Focussed. * Learning. * Creative. * Seeing the Essence (This is my “Unique Strength“) * Open-Minded. * Inspiring. * Visionary. |
| THINKING | Using one's mind to consider or reason about something. |
| FEELING | An emotional state or reaction. |
| PLANNING | Process of making plans for something. |
| DOING | Being engaged in activities. |
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| BEHAVIOUR | The way in which one acts or conducts oneself, especially toward others. |
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| STRENGTH | A good or beneficial quality or attribute of a person or thing. |

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| COLOR | SYMBOLISM | VERB | GERUND | NOUN | DEFINITION |
| RED | Fire, Spontaneity | Act | Acting | Action | The fact or process of doing something to achieve an aim. |
| YELLOW | Sunlight, Gold | Plan | Planning | Plan | A detailed proposal for doing or achieving something. |
| BLUE | Water, Flow | Feel | Feeling | Feeling | An emotional state or belief. |
| GREEN | Earth, Solidity | Think | Thinking | Thought | The mind’s ability to consider and reason about something. |
| WHITE | Space, Blank Canvas | Imagine | Imagining | Imagination | The mind’s ability to form images and ideas of things not seen or  experienced directly. |